

## **Bios**

### **Jennifer Buckley**

Jennifer Buckley is a Certified Youth Exercise Specialist (National Academy Sports Medicine) and a Certified Dance Fitness Instructor (Les Mills BodyJam), and has taught adult and youth classes in the Bedford area for 3 years. In 2015, she founded GrooveWrx, an organization that develops youth empowerment fitness programming. In 2013, she began volunteering for the Lane Elementary School Guidance Department and presented various interactive lessons using dance and music. It was out of this work that the idea for GrooveWrx was born!

Jennifer is mother of two children in the Bedford school system and has been an active volunteer with the BFC, BEST and other community organizations for over 10 years. She has a B.S. in Corporate Communications from Ithaca College.